

“Helping with Life’s Challenges”

Psychologists can help everyday people like you who are facing challenges that may be too difficult or different for you to handle.

Los psicólogos pueden ayudar a la gente común como usted que se enfrentan a desafíos que pueden ser demasiado difícil o diferente para que usted resuelva.

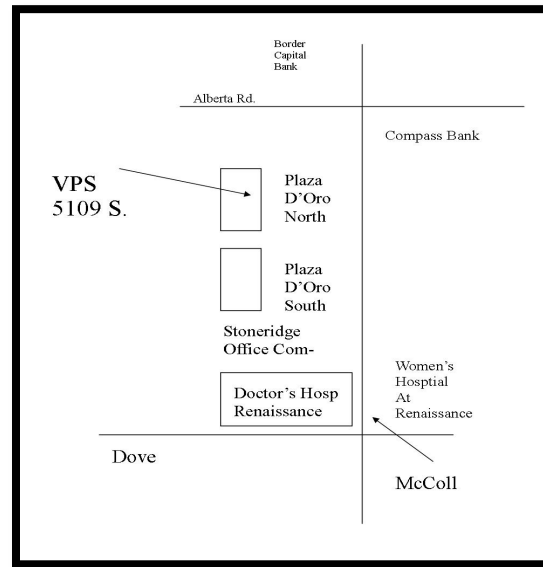
Call now for an appointment.

Telehealth Assessments and Appointments Available

Location

Directions

Just North of the intersection of Dove and McColl, on the North side of Doctors Hospital at Renaissance, in Plaza D’Oro North Entrance



For more information call:
(956) 682-0385

Business Hours

MONDAY–THURSDAY 8:00AM-5:00PM
FRIDAY 8:00AM-12:00PM

Most Insurances Accepted
Medicaid and Medicare Providers
SE HABLA ESPAÑOL

Valley Psychological Services

Hope for Changing Times

We require masks at this time and ask that you have no flus or cold symptoms.

Debe usar máscaras en este momento y le pedimos que no tenga síntomas de gripe o resfriado.

With COVID we ask that people not Walk-In but call. With all new patients we need to get the paper work to you in advance for you safety . This way we can have you walk in, hand it to staff and immediately pass you back to provider with little or no waiting.

Debido a COVID-19, llame para hacer una cita. No entre a la oficina sin una cita. Para su seguridad, los pacientes nuevos deben obtener y completar los formularios antes de venir a su primera cita. Esto nos permitirá tomar su documentación de inmediato, y luego hacer que se reúna con el proveedor con poca o ninguna espera.



We Serve

- Children
- Adolescents
- Adults
- Families

Services provided are:

- Family Therapy
- Group Therapy (DBT)
- Individual Therapy
- Relaxation Therapy
- Trauma- Focused Therapy
- ADHD Evaluations
- Autism Spectrum Evaluations
- Dementia and Memory Evaluations
- Disability Evaluations
- Guardianship Evaluations
- Immigration Evaluations
- Learning Disability Evaluations
- Neuropsychological Evaluations
- Psychological Evaluations
- Spinal Cord Stimulator Pre- Surgical Psychological Evaluations
- Weight-loss Pre-Surgical Evaluations

We can help you with:

- Anxiety
- PTSD
- Obsessions/Compulsions/Fears
- Chronic Pain
- Depression
- Relationship Problems
- Serious Mental Illness
- Common Life Stressors
- Most Psychological Evaluations

Client Testimonials

Here is what our clients have to say about our services:

"Walking into the office I always feel welcome and calm. I have found great strength through the services I have received here." ---V.C

"Dr. McCoy helped us in getting all the necessary services for my son to succeed and I'm grateful for all the help he has given us." ---M.H

Specialty Services Provided

- Health Psychology Services
- Hospital Consultations (DHR Only)
- Social Skills Groups for Autism
- Tailored Seminars

Our Contracted Consultants are:

In order to better serve our clients, our team includes licensed psychologists, licensed psychological associates, and licensed professional counselors to fit each person's individual needs.

Joseph H. McCoy Ph.D.

Monica Hernandez Ph.D.*

Alfonso Mercado Ph.D.*

Gary E. Leka Ph.D.*

Kim Nguyen-Finn, M.A., LPC-S*

Maria Portillo, M.A., LPC*

***Independent Consultants working in association with VPS**

Full Bios available at www.vpsrgv.com

Contact Us!

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Edinburg, TX 78539

Phone: (956) 682-0385
Fax: (956) 682-0388

Visit us on the Web:
www.vpsrgv.com